

WHY SHOULD YOU GIVE TO HERITAGE UNITED WAY?

Chances are you, or someone you know, has used the services of a United Way-funded program and didn't even know it. Your United Way contribution funds forty-nine LOCAL programs that are focused on the building blocks of a better life- *education, income and health*. By focusing on these areas, we are creating lasting change and better opportunities for everyone.

HOW YOUR PLEDGE IMPACTS THE EDUCATION, HEALTH AND INCOME OF OUR COMMUNITY

GIVING THIS MUCH...	OR THE COST OF...	IS ENOUGH TO PROVIDE...
\$1 per week	A candy bar	*Transportation trips to doctors appointments for seniors. *A hot dinner for a youth who might not get a meal at home.
\$2 per week	An energy drink	*Dues for low-income children to attend an after-school program *Youth to go through diversion mediation instead of the juvenile justice system
\$5 per week	A premium coffee	*Delivery of meals to the elderly and homebound *Victims of domestic violence with assistance to rebuild their lives
\$10 per week	A lunch out	*Uninsured individuals access to necessary medications at a subsidized rate *Help for one month of utility bills for a low-income family
\$20 per week	Movie for two	*Homeless teens a safe place to stay, receive resources and get support to become self-sufficient *Support for youth with one-on-one mentoring and personal attention

DID YOU KNOW...

- *Over 18% (7,889) of children in our communities are on the free or reduced lunch program?
- *Almost one-third (29%) of household incomes in Hillsborough and Rockingham counties earn less than \$45,000 a year, or just about 200% of federal poverty level (\$41,300)
- *Approximately 10.5% of NH residents have no health insurance, however, over a 12-month period, an estimated 19% experience uninsured status.

